



Level 1, 115 Scarborough St Southport QLD 4215

COVID-19 Inform Consent for Treatment at Essentia Health

This document contains vital information about our decision (yours and ours) to provide in-person services in light of the COVID-19 public health crisis. Please read this document carefully and let your mental health practitioner know if you have any questions. When you sign this document, it will be considered an agreement between Essentia Health, your mental health practitioner and yourself.

THE DECISION TO MEET FACE-TO-FACE

You have agreed to meet in person for some or all future sessions at an Essentia Health Clinic. If there is a resurgence of the pandemic or other health concerns arise, your mental health practitioner may suggest treatment via telehealth. If you have concerns about meeting through telehealth, your mental health practitioner will talk about it first and address any issues. If your mental health practitioner believes it is necessary, you understand that treatment may return to telehealth.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, your mental health practitioner will respect that decision where feasible and deemed clinically appropriate.

RISKS OF OPTING FOR IN-PERSON SERVICES

You understand that you are assuming the risk of exposure to the coronavirus (or another public health risk) by coming to the clinic. This risk may increase if you travel by public transportation, taxi, or ridesharing service.

YOUR RESPONSIBILITY TO MINIMISE YOUR EXPOSURE

To obtain Essentia Health services in person, you agree to take certain precautions which will help keep everyone (you, our staff, our families and other clients) safer from exposure, sickness, and possible hospitalisation. If for any reason you are unable to adhere to the below safeguards, it may result in your mental health practitioner starting/returning to a telehealth arrangement.

- You will use the Government QR-code system you check-in before entering the clinic.
- You will only keep your in-person appointment if you are symptom-free for COVID-19.
- You will take your temperature before coming to each appointment. If it is elevated (37°C or more), or if you have other COVID-19 symptoms, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, we won't charge you our standard Cancellation Fee of \$110.00 (incl. GST).
- You will wait in your car or outside [or in a designated safer waiting area] until no earlier than 5 minutes before our appointment time.
- You will wash your hands or use an alcohol-based hand sanitiser when you enter the premises.
- You will adhere to the safe distancing precautions we set up in the waiting and Training & Group Facility. For example, you won't move chairs or sit where we have signs asking you not to sit.
- You will wear a mask in all office areas (our staff will too).
- You will keep a distance of 1.5 metres, and there will be no physical contact (e.g. no shaking hands) with your mental health practitioner or other Essentia Health staff.
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitise your hands.



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- If you are bringing your child to Essentia Health, you will ensure that your child follows these sanitation and distancing protocols.
- You will take steps between appointments to minimise your exposure to COVID-19.
- If you have a job that exposes you to other infected people, you will immediately let us know.
- If your commute or other responsibilities or activities put you in close contact with others (beyond your family), you will let us know.
- If a resident of your home tests positive for the infection, you will immediately inform us, and we will then [begin] resume treatment via telehealth.

If additional local, state or commonwealth orders or guidelines are announced, this agreement and the above precautions may change. If that happens, we will discuss any necessary changes ASAP.

ESSENTIA HEALTH COMMITMENT TO MINIMISE EXPOSURE

Our company has taken steps to reduce the risk of spreading COVID-19 within the clinic. We have posted our efforts on our website and in the clinic. Please let us know if you have questions about these efforts.

IF YOU OR SOME OF THE STAFF ARE SICK

You understand that we are committed to keeping you, our team and all families safe from the spread of COVID-19. If you show up for an appointment and we believe that you have a fever or other symptoms or think you have been exposed, we will have to require you to leave the clinic immediately.

We can follow up with services by telehealth as appropriate.

If someone from our staff tests positive for COVID-19, we will notify you so that you can take appropriate precautions.

YOUR CONFIDENTIALITY IN THE CASE OF INFECTION

If you have tested positive for the coronavirus, we may be required to notify local health authorities that you have been in the clinic. If we must report this legally, we will only provide the minimum information necessary for their data collection and contact tracing. And will not go into any details about the reason(s) for our visits. You agree that we may do so without an additional signed release by signing this form.

INFORMED CONSENT

This agreement supplements the general informed consent/business agreement that we agreed to at the start of our work together. Your signature below shows that you agree to these terms and conditions.

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Client's Name:

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Date

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Practitioner's Name:

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Date